

## Remember, it's free!

The workshops are co-sponsored by the U.C. Cooperative Extension's Master Gardener Program and Central Contra Costa Sanitary District as part of a joint effort to prevent pollution and improve water quality in our area.



Central Contra Costa  
Sanitary District



### Contra Costa Master Gardeners

Attn: Speaker Coordinator  
75 Santa Barbara Road  
Pleasant Hill, CA 94523

50473/06

**FREE**

## Looking for a Guest Speaker for your Group?

Look No Further—  
U.C.C.E.  
Master Gardeners  
are Available

Host a Healthy Gardening Workshop for your garden club, homeowners' association, business/civic group, or any other gathering!

50473/06



**Here's what others  
have said about  
this informative  
and entertaining  
workshop:**

*"Wonderful workshop, very  
informative and helpful!"*

*"I loved the tips about roses.  
The information provided  
was easy to understand and  
apply to my own backyard  
garden. Thank you!"*

*"Great speaker!  
His extensive knowledge  
about gardening combined  
with his sense of humor  
made this workshop fun and  
informative!"*

## Here's what you need to know

• **Who:**

University of California Cooperative Extension Master Gardeners with extensive training in healthy gardening practices.

• **What:**

The Healthy Gardening Workshop presented by Master Gardeners can be customized to fit your needs, but typically they cover topics such as:

- Tips for a healthy, pest-resistant lawn and garden.
- Flowers and plants that attract beneficial insects to help keep pests in check naturally.
- Techniques for managing common home and garden pests such as ants, aphids, cockroaches, fleas, snails and slugs.
- Selecting the right varieties of trees, shrubs, and other plants for your garden.
- How to care for your garden without using pesticides that can harm your children, pets, and the environment.

Attendees receive helpful handouts that provide detailed information on the above topics, and much more.

• **When and Where:**

You arrange the time and place. Workshops generally take 90 minutes, but can be adjusted to best suit your needs.

• **Why:**

Pesticide use in California's urban areas has exploded over the last few decades and now poses water quality and health risks in our communities. The Master Gardener workshops will show your group how to create and maintain healthy gardens in ways that are safer for themselves, their children, their pets, and the environment.

• **How:**

Call the Contra Costa Master Gardeners Office at (925) 646-6586 to request a speaker for your desired date. Once the speaker is confirmed, let your group know about the workshop - then enjoy the presentation with them!

