We have a New Activity starting Friday January 4th
The Yarn Club
9:30 to 11:30

Come join us on Wednesdays
Bingo starts at 12:30

Making decisions for the benefit of the Club

The one thing I wish all Senior Center Club Members knew, or could recognize, is that all decisions that affect the Club and its success and continuation are made and endorsed by the Board of Directors. These decisions are not made arbitrarily nor without discussions and evaluations by the members of the Board. For example, the decision whether or not to continue coffee service when we’re losing money constantly due to people taking coffee without contributing to the “kitty.” A final decision is pending.

Another decision that the Board has had to make has to do with Sunday Bingo. We know that it has been enjoyable and popular with those who attend, the problem is that attendance is very low. Therefore, whether to continue to lose money by holding this event was voted against by the Board. We weighed the pros and the cons before deciding to discontinue this event. The decision was made by the Board after much thought, discussions, and concluding to do what is best for the Club financially.

Continued on next page
(Continued from page 1)

You have the opportunity to run for office and/or attend the Business meetings to give your input. But in the final analysis, the decision needs to be made by the committee you selected to be your Board. We want to make this Club a place where people can meet, enjoy the services, be uplifted. We try to do this using your membership fees and other fund-raising monies in the best economic and social sense to use these resources so as to gain the maximum fulfillment of members’ requests for goods and services.

In the meantime, keep in mind that all of the services provided for you through the Club are done through volunteers. They run the activities (including Sunday Bingo) at their own cost, effort, and time. That also includes the office workers who do so out of love of service in an effort to make your time at the Center more comfortable, enjoyable, and convenient.

Membership Renewals
If you haven’t already done so, please mail your membership renewal form (on the back cover) with your $14-per-member dues, and a stamped self-addressed envelope, and we will send you your new card. Or you can come by the once and renew in person. We look forward to seeing you in 2019!!!!

A note from your president

We are working to get the Line Dance back on for you. We are speaking to a person who is interested, as soon as we get it worked out we will let you know. Thank you for your patience.

There is also a New Activity, the Yarn Club. It will start on Friday January 4th and will be every Friday from 9:30 to 11:30, come and have some fun.

Join the Concord Seniors Woodcarvers
Tuesdays 12 to 3
Just a desire to carve
Buy a Patch to support the club for just $5
Hospitality and Chatter is back
From 9:00 - 10:15 Monday, Tuesday
And Friday

See p5 for more info about all activities

Casa Blanca
Rick Blaine (Humphrey Bogart), who owns a nightclub in Casablanca, discovers his old flame Ilsa (Ingrid Bergman) is in town with her husband, Victor Laszlo (Paul Henreid). Laszlo is a famed rebel, and with Germans on his tail, Ilsa knows Rick can help them get out of the country.

A Tree Grows in Brooklyn by Betty Smith
An American classic and semi-autobiographical novel written in the 1940’s about a young girl’s coming-of-age in the turn of the century. The story focuses on an impoverished but aspirational adolescent girl and her family living in the Williamsburg slums in Brooklyn during the first two decades of the twentieth century.
Birthday Lunch

For our honored guests will be
Thursday January 24th at 11:00am.
Reservations must be made by 4pm
on Monday, January 21st. You may
have one guest join you at the
birthday table.

If your guest is at least 60 we request
a donation of $3.

A guest under 60 MUST pay $5 for the
lunch.

If you are not a regular patron of the
CC Café, you must complete a NAPIS
form and should be in by 11am.

IF YOU ARE NOT ABLE TO HONOR
YOUR RESERVATION,
PLEASE CALL
925-687-2585 TO CANCEL!

Heidelberg  Alvin    27
Henry      Linda      11
Hill       Charles     6
Hillaker   Robert      18
Holstad    John        13
Howard     Patricia     31
Hsueh      Hsun        5
Jenks      Yvonne      5
Klein      Laurie      12
Kobayashi  Eizo       19
Koven      Barry       3
Lanzarin   Anita       12
Larson     Douglas      15
Lee        Melvin      12
Lehman     Mary Rae    26
Leiva      Ruben      15
Lin        Winny       21
Lisi       Paul        12
Loera      Jim         11
Lopez      Joseph      29
Luke       Nelson       1
Lyman      Bob         31
Mc Combs   Dale        24
Merrick    Janet       6
Middleton  Linda       4
Miller     Bonnie      13
Mitchell   Alan        17
Moore      Carla       28
Moy        Al           6
Newlowill  Tim         10
Oborn      Jerry       25
O’Day      Gypsy       12
Paras      Daisy       9
Plambeck   Diana       27
Powers     Annette     19
Ritts      Rosemarie  30
Roach      Mike         6
Rodrigues  Carole      24
Roller     George      21
Rollins    William      19
Sanders    Harry        27
Schmidt    Fred         10
Schutz     Michael      16
Shaffer    Andi         2
Shy        Cheryl       19
Sloan      Kathleen     14
Storelli   Tom          25
Straghalis Aumeir      24
Ting       Veronica     12
Vain       Joseph       18
Vanslyke   Barbara      13
Waggoner  Helen        13
Weyl       Jeanette     28
Wieder     Lorraine     22
Wilson     Joanne      10
Yuen       Raymond      14

Sparkling Cider for Our Birthday
Lunches are generously donated by
GROCERY OUTLET
Located at 1840 Willow Pass Rd

Over 90!

Barnes    Beth        9
Bradway   Shirley     13
Capozzo   Lidia        1
Cianfichi Marianna  22
Kawakami  Tom         19
Kearns    James        13
Kelso     Rosemary     15
Lennstrom Nancy       26
Maggio    William      30
Mc Caslin Margaret    8
Seelig    Dolores      13
Smith     Virginia      28
Smith     Donald        9
Smith, Jr Albert       10
Tulk      Rosemarie    6

Welcome
New Members

De Lackner  Thomas
Giovannetti Henry
Kuo        Luke
Kuo        Betty
Mcbride    Betty
Vander Kamp Gretchen
# Concord Senior Citizens Club Activity List

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day(s)</th>
<th>Time</th>
<th>Leader</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bingo</td>
<td>Wed</td>
<td>12:30-3:30pm</td>
<td>Kelly Madge</td>
<td>864-1685</td>
</tr>
<tr>
<td>Book Club</td>
<td>4th Mon</td>
<td>1:15-2:15pm</td>
<td>Virginia Roessl</td>
<td>825-1536</td>
</tr>
<tr>
<td>Bridge</td>
<td>Tue</td>
<td>1:00-4:00pm</td>
<td>Rosemarie Ritz</td>
<td>682-3778</td>
</tr>
<tr>
<td>Bunco</td>
<td>Mon</td>
<td>1:00-3:00pm</td>
<td>Nancy Lastra</td>
<td>372-4232</td>
</tr>
<tr>
<td>Canasta</td>
<td>Wed</td>
<td>12:15–4:00pm</td>
<td>Marina Chavez</td>
<td>674-8910</td>
</tr>
<tr>
<td>Chatter &amp; Hospitality</td>
<td>Mon, Tue, Fri</td>
<td>9:00 – 10:15am</td>
<td>Rosemarie Ritz</td>
<td>687-2585</td>
</tr>
<tr>
<td>Cornhole</td>
<td>Thu</td>
<td>1:00-3:30pm</td>
<td>Phyllis Kauffman</td>
<td>354-5598</td>
</tr>
<tr>
<td>Cribbage</td>
<td>Fri</td>
<td>1:00-3:00pm</td>
<td>Marion Keibel</td>
<td>686-1818</td>
</tr>
<tr>
<td>Dance - Tea</td>
<td>Tue</td>
<td>1:30-3:30pm</td>
<td>Louise Cohen</td>
<td>685-7065</td>
</tr>
<tr>
<td>The Yarn Club</td>
<td>Fri</td>
<td>9:30-11:30</td>
<td></td>
<td>687-2585</td>
</tr>
<tr>
<td>Golf (Diablo Creek)*</td>
<td>Mon</td>
<td>8:40am</td>
<td>Bob Lyman</td>
<td>415-699-6908</td>
</tr>
<tr>
<td>Karaoke</td>
<td>Mon.</td>
<td>9:00-11:30am</td>
<td>Y.T. Lin</td>
<td>825-2033</td>
</tr>
<tr>
<td>Movie</td>
<td>2nd Mon</td>
<td>1:30 TO 3:30</td>
<td>Harry Driskill</td>
<td>687-2585</td>
</tr>
<tr>
<td>Pedro</td>
<td>Tue, Fri</td>
<td>12:15–4:00pm</td>
<td>Sheri Jelich</td>
<td>825-4457</td>
</tr>
<tr>
<td>Ping Pong</td>
<td>Fri</td>
<td>11:45am-2:30pm</td>
<td>Bob Hartmann</td>
<td>825-9031</td>
</tr>
<tr>
<td>Pinochle</td>
<td>Tue, Fri</td>
<td>9:00am-12:00pm</td>
<td>Bob Soldano</td>
<td>825-4631</td>
</tr>
<tr>
<td>Poker</td>
<td>Wed, Fri</td>
<td>9:00am-2:30pm</td>
<td>Gene Wallace</td>
<td>228-7074</td>
</tr>
<tr>
<td>Pool</td>
<td>Mon–Fri</td>
<td>9:00am-5:00pm</td>
<td>Lori Durchman</td>
<td>381-8069</td>
</tr>
<tr>
<td>RummiKub/Mahjongg</td>
<td>Fri</td>
<td>12:30-4:00pm</td>
<td>Marion Larson</td>
<td>685-6803</td>
</tr>
<tr>
<td>Sing Along</td>
<td>Mon</td>
<td>12:00-1:00pm</td>
<td>Lavora Copley</td>
<td>691-5747</td>
</tr>
<tr>
<td>String Ensemble</td>
<td>Mon</td>
<td>1:30-3:30pm</td>
<td>Pat Price</td>
<td>676-2556</td>
</tr>
<tr>
<td>Softball (50+)*</td>
<td>Thu</td>
<td>8:00am-12:00pm</td>
<td>George Baldocchi</td>
<td>685-7705</td>
</tr>
<tr>
<td>Woodcarvers</td>
<td>Tue</td>
<td>12:30-3:00pm</td>
<td>Jack Borde</td>
<td>827-9716</td>
</tr>
</tbody>
</table>

Activities held unless center is closed.

*Off-site (call for location)

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Sunshine Report

Condolences to the Families of:

Twila Christensen in her passing

Get Well

Edwin Pakes
Les Casazza

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Concord Senior Citizens Club Activity List

**Activities held unless center is closed.**

*Off-site (call for location)*

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<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
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<td>01</td>
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<td>18</td>
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<tr>
<td>14</td>
<td>25</td>
<td>31</td>
<td></td>
<td>14</td>
</tr>
</tbody>
</table>

Events include:
- Poker – 9am – 2:30pm
- Pool – 9am – 5pm
- Canasta – 12:15 – 4pm
- BINGO – 12:30 – 3:30pm
- Indoor Cornhole – 11 – 3:30pm
- New Member Orientation – 9:30 – 11:30am
- Tea Dance – 1:30 – 3:30pm
- Movie – 1:30 – 3:30pm
- New Year’s Eve Party @ 11pm

Note: Events subject to change. Check the club bulletin board for updates.

Happy New Year!
# C.C. CAKE

<table>
<thead>
<tr>
<th>JANUARY 2019</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NEW YEAR'S CELEBRATION!</strong></td>
<td>Oven Fried Chicken</td>
<td>Cannellini Bean Burrito</td>
<td>Sushi Roll</td>
<td>Krabby Cake</td>
</tr>
<tr>
<td></td>
<td>Cream of Tomato Soup</td>
<td>Red Sauce &amp; Cheese</td>
<td>Rice Pilaf</td>
<td>Potato Leek Soup</td>
</tr>
<tr>
<td></td>
<td>Italian Vegetables</td>
<td>Mexican Corn</td>
<td>Tossed Salad</td>
<td>California Blend</td>
</tr>
<tr>
<td></td>
<td>Mashed Potatoes</td>
<td>Spinach Salad</td>
<td>w/Honey Mustard Dressing</td>
<td>Rice Pilaf</td>
</tr>
<tr>
<td></td>
<td>WW Crackers</td>
<td>w/Ranch Dressing</td>
<td>Tartar Sauce</td>
<td>Tossed Salad</td>
</tr>
<tr>
<td></td>
<td>Sherbet</td>
<td>Applesauce</td>
<td>Fresh Fruit</td>
<td>w/Fresh Fruit</td>
</tr>
<tr>
<td><strong>NEW YEAR'S DAY HOLIDAY!</strong></td>
<td>Bok Choy Soup</td>
<td>Chicken Curry</td>
<td>Sliced Carrots</td>
<td>Southern Style Glazed Ham</td>
</tr>
<tr>
<td></td>
<td>Carrot Raisin Salad</td>
<td>over Steamed Rice</td>
<td>Strawberry Gelatin</td>
<td>Steamed Spinach</td>
</tr>
<tr>
<td></td>
<td>Hawaiian Roll w/Butter</td>
<td>Apple Juice</td>
<td>w/mixed Fruit</td>
<td>Yams</td>
</tr>
<tr>
<td></td>
<td>Banana</td>
<td>Broccoli Florets</td>
<td>(Diet Strawberry Gelatin)</td>
<td>Corn Bread w/Butter</td>
</tr>
<tr>
<td><strong>COLD PLATE</strong></td>
<td>Pork Carnitas</td>
<td>Chicken Curry</td>
<td>Sliced Carrots</td>
<td>Grandma's Peach Crisp</td>
</tr>
<tr>
<td></td>
<td>w/Salsa</td>
<td>over Steamed Rice</td>
<td>Strawberry Gelatin</td>
<td>Peach (Peaches)</td>
</tr>
<tr>
<td></td>
<td>on a Flour Tortilla</td>
<td>Apple Juice</td>
<td>w/mixed Fruit</td>
<td>(Diet Strawberry Gelatin)</td>
</tr>
<tr>
<td></td>
<td>Refried Beans</td>
<td>Broccoli Florets</td>
<td>(Diet Strawberry Gelatin)</td>
<td>Ice Cream</td>
</tr>
<tr>
<td></td>
<td>w/Pineapple Sauce</td>
<td>Tossed Salad</td>
<td>(Diet Strawberry Gelatin)</td>
<td>(Pineapple Chunks)</td>
</tr>
<tr>
<td></td>
<td>Cinnamon Applesauce</td>
<td>w/Blue Cheese Dressing</td>
<td><strong>COLD PLATE</strong></td>
<td>Southwest Chicken Pasta</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fresh Fruit</td>
<td>Ye Old Pub Cheese Burger</td>
<td>California Blend</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Minestron Soup</td>
<td>Fiesta Corn Salad</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Ice Cream</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(Pineapple Chunks)</td>
</tr>
</tbody>
</table>

**MARTIN LUTHER KING JR HOLIDAY!**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pork Carnitas</td>
<td>Tuna Casserole</td>
<td><strong>NEW ITEM!</strong></td>
<td>Ye Old Pub Cheese Burger</td>
<td>Hearty Beef Stew</td>
</tr>
<tr>
<td>w/Salsa</td>
<td>Au Gratin</td>
<td>Seaford Newburg Casserole (w/ Wild Rice)</td>
<td>Minestron Soup</td>
<td>Broccoli Spears</td>
</tr>
<tr>
<td>on a Flour Tortilla</td>
<td><strong>COLD PLATE</strong></td>
<td>(with Shrimp &amp; Mock Crab)</td>
<td>Sliced Pea Soup</td>
<td>Vegetable Bean Medley</td>
</tr>
<tr>
<td>Refried Beans</td>
<td>Baked Beans</td>
<td>Baked Potato w/Butter</td>
<td>Pickled Beets &amp; Onions</td>
<td>Biscuit w/Butter</td>
</tr>
<tr>
<td>w/Pineapple Sauce</td>
<td>Italian Green Beans</td>
<td>Banana Cake</td>
<td>Carrot Raisin Salad</td>
<td>Mixed Fruit</td>
</tr>
<tr>
<td>Cinnamon Applesauce</td>
<td>Spinach Salad</td>
<td>(Banana)</td>
<td>Lettuce &amp; Tomato</td>
<td></td>
</tr>
</tbody>
</table>
SCAMS

We had a speaker from Mechanic’s Bank on Wednesday December 19th, they came to let us know about senior scams. I thought it would be nice to let you all know some of the information they gave us.

MAIL THEFT:

Mail theft has increased substantially
All your account information is available
Check sequence, signature, hand writing style and check style
The fraud suspect uses this information to create counterfeit checks, call the bank pretending to be you to, phishing for information. They pay for items online and open credit accounts.

EMAIL COMPROMISE - HOW

Phishing - The attempt to acquire sensitive information such as username, password, and other information for malicious reasons.

The scammer may impersonate a trusted sender such as a bank with the subject “Security information update from the bank”. The email has legitimate looking content which convinces a person to open the attachment. The attachment will have legitimate content, however, opening the attachment executes a command to download a virus. The threat is undetected until the computer slows down or other compromises occur.

The scammer obtains your email address through social media sites or compromised contact lists. They then send you an email that has legitimate looking or common email address with a document attached to it, which has a virus.

Examples of emails:
I need you to send me $2500. I am overseas on vacation and my wallet and ID were stolen. You know me, I will pay you back once I get the states. I lost my phone so you can’t call me, but if you need any other information send me an email.
Signed your friend

Depending on how well you know your “friend” you might send the money without any questions. No one knows you have been scammed until you see your friend and ask for the money back.
Wires are guaranteed funds. There is no recourse to a wire. Once it is sent (in most cases) if cannot be retrieved.

More scam information to follow in next newsletter.
Amy Erez, Reiki Master, Tai Chi Instructor and Author creates a personalized program of practical tools that nurture and support the fulfillment of balanced wellness in everyday life. Amy’s inspiration to explore healing came through her own health challenges during childhood. She became determined to find an approach to living that would provide wellness in all parts of life. She currently works as an Owner at Sugi School of Health and Fitness. For over 30 years, Amy has been providing support for others to integrate valuable tools and attitudes into their lives for profound, transformational change. The emphasis of her work is helping people to understand the body’s messages, connect those messages with the emotional/spiritual experience and find solutions that reestablish balance.

Passion about organic gardening has given Amy a practical understanding of the seasonal cycles. These same seasonal cycles have a strong influence on our health. Amy’s unique understanding of this idea, combined with her extensive training in whole person healthcare, provides people with an in-depth experience of healthy living throughout the year.

Amy holds a B.A. in Psychology/Oriental Studies, received her certificate in Acupressure and Shiatsu in 1984, and was initiated as a Reiki Master in 1991. In 2007, Amy received her Sugi-Touch Movement Specialist certificate. She has been working with Flower Essence Therapy for over 256 years. Amy has been practicing in Tai Chi Ch’uan and Chi Gong since 1976, has practiced yoga since 1989 and received her Sugi Yoga teaching certificate in 2001. She has worked extensively with people with a large variety of issues, beginning at an outpatient mental health clinic in 1980.


Debby Flickinger was born and raised in Boston, Massachusetts. She currently lives in Concord, with her husband, Terry. Recently, Flickinger graduated from California Institute of Integral Studies (CIIS) with a Doctorate degree in Philosophy with an emphasis in sustainability. She believes in giving back to the community. With that said, her communities’ activities consist of being the Vice President of The Kiwanis Club of Concord (http://www.concordkiwanis.com/), Fundraising Chair, and Advisor for Concord High Key Club (https://www.keyclub.org/).

Being a volunteer for Special Recreation at the Senior Center of Concord, would get her a step closer to meeting one of her goals, which is to open a Kiwanis Aktion Club. It is a club that gives adults with disabilities a chance to become leaders in their communities (http://www.aktionclub.org/). Moreover, she brings to this position practical experiences in intercultural issues through the exploration and resolution of learning styles, as well as definitive differences within diverse groups of people. Flickinger is new to volunteering at the Concord Senior Center and is excited to volunteer for the Specialized Recreation Dances and where opportunities arise. To volunteer for the City of Concord, Parks & Recreation Concord Senior Center, call (925) 671-3320 or visit www.cityofconcord.org.

Private Help with eDevices

Is your smart phone or device making you feel dumb? Receive 1 on 1 assistance with your tech device; tablet, cell phone or computer. A monitor will attempt to troubleshoot and provide guidance to help you operate your device. Bring your device to this 1 on 1 session. Optimize your time by bringing in a list of your questions. Appointments can be made for 9:30am, 10:30am and 11:30am. To make an appointment call, (925) 671-3320.
Age Strong Class

Discover ways to become active at work, at home, on vacation. Overcome barriers to physical activity, set realistic goals, build confidence, and stay motivated. Discover how you spend your time. Explore the benefits of walking and creating activity. Recognize the challenge one faces in being active every day. Set goals. Replace negative thoughts with positive messages. Explore ways to reduce stress and find ways to manage your time.

This class is offered for 6 weeks for $12.00.
Date: February 7 through March 28
Time: 9:30-11am
Where: Concord Senior Center, 2727 Parkside Circle
Register at www.concordreg.org, activity #109074 or call (925) 671-3320.

Advance Health Care Directive

FREE Clinic

Everyone, particularly seniors, should have an Advance Health Care Directive. It is the legally recognized document used to ensure that your health care wishes are known and considered if you are unable to speak for yourself. Contra Costa Legal Service work with the AIG Legal Department to create FREE AHCD for seniors 60 and over. Make an appointment today for a FREE Advance Health Care Directive! For appointments call (925) 671-3320. Next AHCD, Thursday, February 14 at the Concord Senior Center, 9:15am - 11:30am.

Contra Costa Legal Service
(925) 609-7900

AGE STRONG, LIVE LONG

HEALTH EXPO

FRIDAY 9AM - 1PM

Screenings * Presentations
Resources * Raffle Prizes

40+ VENDORS * FREE ATTENDANCE
TRIPS & TOURS

Fort Point Candlelight Tour
Join a Fort Point ranger for a tour in a different light! Along the way, you’ll be transported to the momentous era of the 1800. No refunds or cancellations after January 7.
Monday, Jan. 14
6:00pm-9:00pm
$24 R / $29 NR
#109077

Aquarium of the Bay Pier 39
Discover the beauty and diversity of Northern California aquatic life at self-guided tour of Aquarium of the Bay. No refunds or cancellations after January 10.
Thursday, Jan. 24
10:00am-2:30pm
$34 R / $39 NR
#108840

Cache Creek
Brooks California. Package: $15 Bonus play and $5 Food credit or $20 match play & 5 food credit. No refunds or cancellations after February 7.
Thursday, Feb. 14
9:00am-6:00pm
$40 R / $45 NR
#108841

Winchester House Tours and Lunch
Tour the Winchester House and enjoy a glimpse “Behind the Scenes” No refunds or cancellations after February 4.
Saturday, Feb. 16
8:30am-4:30pm
$94 R / $99 NR
#109006

Chinatown Highlights, 2019
Celebrate Chinese New Year with a specialized docent tour of Chinatown Highlights. No refunds or cancellations after February 14.
Thursday, Feb. 28
8:00am-4:00pm
$64 R / $69 NR
#108843

Lunch in Chinatown and Watch a Play
A Chinese cuisine lunch is arranged prior to the show. Dishes are selected by the Chef. Two prizes will be raffled off at the play, A Change of Heart. No refunds or cancellations after February 16.
Saturday, Mar. 2
10:30am-5:30pm
$60 R / $65 NR
#108850

Register online at www.ConcordReg.org or call (925) 671-3320

EXTENDED TRIPS


California Missions Celebration. May 27—June 1, 2019. 6 days & 5 nights. 250th Anniversary California Missions. Visit to 10 California Mission. Final Payment April 27, 2019. Friendly Excursions


For more information pick up a flyer at the Concord Senior Center or call (925) 671-3017
 Concord Senior Citizens Club
2727 Parkside Cir • Concord, CA 94519

Senior CLUB Office Hours
Mon–Wed..................... 9am–4pm
Thu............................ 9am–12:30pm
Fri.............................. 9am–3pm

Senior CENTER Office Hours
For City Activities Registration
Mon–Fri...................... 9am–Noon
After hours, sign up online at concordreg.org
or leave registrations
in the drop box at the City front desk

Phone Numbers
Senior Club ........... 925-687-2585
Senior Center ........ 925-671-3320
CC Café .................. 925-825-1488
Travel Desk .................. 925-671-3320 ext. 1

CURRENT RESIDENT or
AFFIX LABEL HERE

2019 Concord Senior Citizens Club Renewal

To renew by mail, complete and attach this form, a check for $14.00 per member, and a self-addressed stamped envelope
(so we can mail your new membership card to you), and mail to:

Concord Senior Citizens Club | 2727 Parkside Circle | Concord, CA 94519-2523

If you do not include a self-addressed stamped envelope, you may pick up your new membership card at the Club office.

IF YOU DO NOT RENEW YOUR MEMBERSHIP BY FEBRUARY 15, YOU WILL NO LONGER RECEIVE OUR NEWSLETTER.

IF YOU WERE BORN IN 1929 or before , YOUR MEMBERSHIP IS FREE,
and your new card will be automatically mailed to you.

MEMBERSHIP # NAME LAST FIRST

MEMBERSHIP # NAME LAST FIRST

COMPLETE THIS SECTION ONLY IF THERE ARE CHANGES TO THE INFORMATION WE HAVE ON FILE FOR YOU

MARITAL STATUS □ MARRIED □ WIDOWED □ SINGLE

ADDRESS CITY ST ZIP PHONE 1 PHONE 2

EMERGENCY CONTACT INFORMATION NAME RELATIONSHIP

ADDRESS CITY ST ZIP PHONE 1 PHONE 2