

COVID-19 Safe Operations Policy—Parks & Recreation Department

This document contains information regarding the City of Concord Parks & Recreation Department's operations as it relates to COVID-19 and possible impacts on employees and participants. It was formulated with content provided by the Centers for Disease Control (CDC), California Department of Public Health (CDPH) and other technical guidance sources.

Symptoms of COVID-19

Employees and participants should continue to follow normal preventative actions at work and at home, including cleaning hands and avoiding touching eyes, nose or mouth with unwashed hands and practicing social distancing.

The most common symptoms of COVID-19 are ...

- Cough
- Shortness of breath/difficulty breathing
- Fever
- Sore throat
- Chills
- Nausea or vomiting
- Diarrhea
- New loss of taste or smell
- Congestion or runny nose
- Fatigue
- Muscle or body aches
- Headache

Anyone exhibiting any of the above symptoms should not report to work or participate in a program. City employees will be vigilant in monitoring symptoms in participants and themselves, and will notify a supervisor if anyone in the program is showing symptoms.

Participant Responsibilities

Scenario 1: Participant Exhibits Symptoms

- Send home.*
 - Isolate sick participant from others. If under the age of 18, staff will supervise participant with social distancing, and wear appropriate PPE's.
- Participant should contact their medical provider and follow their recommendation.
- Testing is recommended for the participant.
- If COVID-19 is ruled out by medical provider or negative test result, the participant can return 24 hours after symptoms resolve without any fever reducing drugs.

*If participant has a NEW runny nose, send home and testing is recommended. If the runny nose is due to allergies or another reason, no action is necessary.

Scenario 2: Participant Has a Negative Test After Exhibiting Symptoms

Participant may return to program 24 hours after symptoms resolve without any fever reducing drug.

Scenario 3: Participant Has a Positive Test

If the participant tests positive for COVID-19 they are to stay home and follow any instructions from their medical provider. Confidentiality will be maintained for the participant who has tested positive. Staff will follow up with County Health Services on facility reopening procedures, and will identify close contacts.

Timelines for returning to the program are...

With symptoms: May return after 10 days have passed since onset of symptoms, if symptoms are improving and no fever for 24 hours without any fever reducing drugs.

Without symptoms: May return after 10 days have passed since the date of positive COVID-19 test. If symptoms develop during isolation period, may return 10 days after test if symptoms are improving and no fever for 24 hours without the use of fever reducing drugs.

Close Contacts

- Participants/staff who were in close contact with the positive case must quarantine for 10 days. They may return to the program 24 hours after symptoms resolve.
- The facility space affected by the sick participant will for deep cleaned, staff will wait as long as reasonable to clean and disinfect.

Other Cohorts Utilizing the Same Building

- All other participants and staff outside of the close contacts will be encouraged to take a COVID-19 test. The remaining cohorts in the program may continue as normal.

Scenario 4: Participant Has Close Contact with a Positive Case

If a participant has been exposed to another COVID-19 positive person, the participant must quarantine at home for 10 days after the last known close contact with the positive case unless the participant has been fully vaccinated. Testing is highly recommended 7-10 days after exposure to an individual with a positive COVID-19 test. After the 10 day period, contacts should continue with preventive measures such as masking, hand washing, and social distancing.

The program may continue without this person in attendance.

Scenario 5: Participant Was in Contact with a Suspected (NOT CONFIRMED) Positive Case

No action is needed. Continue to monitor for symptoms.

Scenario 6: Closing of a Cohort

Any program cohort may be closed for up to 10 days due to a positive case within the cohort.

The positive case will follow scenario 3, and all close contacts will follow scenario 4.

Travel

Please see the below summary regarding travel and your child's ability to participate in the Preschool.

CORONAVIRUS DISEASE 2019 (COVID-19)

International Travel RECOMMENDATIONS AND REQUIREMENTS	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before traveling out of the US	✓	
Mandatory test required before flying to US	✓	✓
Get tested 3-5 days after travel	✓	✓
Self-quarantine after travel for 7 days with a negative test or 10 days without test	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓



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CORONAVIRUS DISEASE 2019 (COVID-19)

Domestic Travel RECOMMENDATIONS AND REQUIREMENTS	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before travel	✓	
Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested.	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓



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